

WHAT TO BRING

2018 Rathtrevor Spring Break Kids Camp 9:00am to 3:00pm

We are an outdoors based camp and will spend all day, every day outdoors. Clothing must be practical, comfortable and appropriate for all kinds of weather. Please bring clothing and footwear that can get dirty.

When thinking about what to send with your child for a camp day compared to what you send with your child for a school day, we always recommend thinking <u>at least</u> double. This goes for *food* and *clothing*. We often have children arriving at camp without warm enough clothing. Please err on the side of extra clothing. Layering, layering, layering. We will be helping our campers make decisions on clothing for our adventures outdoors. Aim to be prepared and out in any weather condition. Our goal is to spend the entire camp outdoors.

Please carefully check the list below on what to bring to camp:

Everyday ensure you child has:

- Rain coat and Rain pants/ Winter jacket if necessary
- Boots for being out in the rain and or in the MUD
- Comfortable shoes (other than boots unless your child is comfortable walking and running a lot in boots) for being outside and running around etc
- Warm thermal socks/wool socks and extra socks to store in your backpack
- Hats, toques, mittens, gloves etc
- Whatever else you feel your child requires to be comfortable outdoors
- Lunch and at least three 'pocket' snacks (we are often away from our back packs and carry pocket snacks down the trail)
- Water bottle please ensure your child brings a water bottle that can be filled throughout the day.

****Please note**: if your child is participating in multiple days of camp, you are welcome to leave a bag of extra clothes etc at the Nature House.

We are excited to have lots of energetic campers this week. You may consider labelling your child's clothing/lunch containers and bags. We also ask that your child brings these items in a self-contained bag (backpack etc) to help with keeping our space organized.

Looking forward to seeing everybody this week for a week of adventure and outdoor fun!

Yours in Nature,

The RLC Park Services Naturalists At the Rathtrevor Beach Nature House

www.naturehouse.ca www.rlcparks.ca