

## WHAT TO BRING

### **GO WILD Outdoor Camp at Rathtrevor Beach Provincial Park March 18-22, 2019**

**This is an OUTDOOR camp... there are no indoor facilities. RAIN or SHINE the camp will go on!**

This will be an entirely outdoor camp full of exploration and play in one of our most amazing local parks. Clothing must be practical and comfortable. Please bring clothing and footwear that can get dirty. When thinking about what to send with your child for a camp-day compared to what you send with your child for a school-day, we always recommend thinking **at least** double. This goes for **food** and **clothing**. Please err on the side of extra clothing. Layering, layering, layering. We will be helping our campers make decisions on clothing for our adventures outdoors. Aim to be prepared and out in any weather condition. Our goal is to spend the entire camp outdoors. We will have a dry storage area for extra clothes that children can leave during the day.

Everyday ensure your child has:

- Rain coat and Rain pants/ Winter jacket if necessary
- Boots – for being out in the rain and or in the MUD
- Comfortable shoes (other than boots unless your child is comfortable walking and running a lot in boots) for being outside and running around etc
- Warm thermal socks/wool socks and extra socks to store in your backpack
- Hats, toques, mittens, gloves etc
- Whatever else you feel your child requires to be comfortable outdoors
- Lunch and at least three ‘pocket’ snacks (we are often away from our back packs and carry pocket snacks down the trail)
- Water bottle – please ensure your child brings a water bottle that can be filled throughout the day.

We are excited to have lots of energetic campers this week. We will be very active all week. Please consider labeling your child’s clothing, lunch containers and bags. We also ask that your child brings these items in a self-contained bag (backpack, etc) to help keep our storage space organized.

Looking forward to seeing everybody for a week of adventure and outdoor fun!

Yours in Nature,

The RLC Park Services Naturalists

[www.naturehouse.ca](http://www.naturehouse.ca)

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