2015 Spring Break Rathtrevor Camp – What to Bring

Camp runs 9:00am to 3:00pm

We are an outdoors based camp and will spend a good portion of the day outdoors. Clothing must be practical and comfortable. Please bring clothing and footwear that can get dirty. When thinking about what to send with your child for a camp day compared to what you send with your child for a school day, we always recommend thinking at least double. This goes for food and clothing. We often have children arriving at camp without warm enough clothing. Please err on the side of extra clothing. Layering, layering, layering. We will be helping our campers make decisions on clothing for our adventures outdoors. Aim to be prepared for any weather condition. If the weather is extremely adverse we will have to spend more of our time indoors. We will keep our fingers crossed as our goal is to spend as much time as is practicable out of doors.

Please carefully check the list below on what to bring to camp:

Everyday ensure you child has:

- Rain coat and Rain pants
- Boots for being out in the rain and or in the MUD
- Comfortable shoes (other than boots unless your child is comfortable walking and running a lot in boots) for being outside and running around etc
- Hats, toques, mittens, gloves etc
- Whatever else you feel your child requires to be comfortable outdoors
- Lunch and at least two snacks (we have two snack times and one lunch time each day at a minimum)
- Water bottle please ensure your child brings a water bottle that can be filled throughout the day.
- **Bicycle & Helmet**- last year our bicycle day was very popular and we are looking to include biking as part of our camp this year. We may specify days closer to camp start that we will use bicycles on. Please let us know in advance if this will be a problem for your child/children.

**Please note: if your child is participating in multiple days of camp, you are welcome to leave a bag of extra clothes etc at the Nature house.

We are excited to have lots of energetic campers this week. You may consider labelling your child's clothing/lunch containers and bags. We also ask that your child brings these items in a self-contained bag (backpack etc) to help with keeping our space organized.

Looking forward to seeing everybody this week for a week of adventure and outdoor fun!

Yours in Nature.

The RLC Park Services Naturalists
At the Rathtrevor Beach Nature House

www.naturehouse.ca www.rlcparks.ca